**From Livestock Rearing to Thriving Vegetable Farming**

I am **Babita Nayak** from **Gitilata village, Tentla Panchayat, Potka Block**. My family consists of eight members, and my husband works as a laborer. Due to financial struggles, our household often faced hardships. However, my determination to improve our situation led me to join the **"Maa Saraswati Kisan Club"** in 2022.

Through regular participation in the farmer club meetings, I gained valuable insights into agriculture. Although I had land for farming, I lacked the necessary capital to invest in it. During one such meeting, **Mariam Didi**, a fieldworker from the organization, advised me to utilize my existing livestock resources. She suggested selling some of my goats to generate funds for farming. Taking her advice, I sold two goats for **₹8,000** and invested this amount in cultivating vegetables on my **60 decimal** land.

I began growing **spinach, fenugreek, cauliflower, and potatoes**. Within a month, I started selling leafy greens in the local market, earning a daily income of **₹100 to ₹150**. Over three months, my total earnings reached **₹16,800**. This steady income brought financial relief and stability to my family.

Recognizing my efforts, **Rothin Sir and Bhagat Sir** from the organization visited my farm for an inspection. They advised me on adopting **line sowing techniques** and using **pest-resistant medicines** to improve productivity. Implementing their suggestions further enhanced my yield and profits.

Today, I am proud to say that my journey from livestock rearing to vegetable farming has transformed my life. I am immensely grateful to **Catholic Charities**for their valuable guidance and encouragement. Their support has empowered me to achieve financial independence and improve my family's livelihood.

Now, I aspire to expand my farming activities and inspire other women in my village to take up agriculture as a means of self-reliance and empowerment.